

CLASSROOM NEWS!

St. Viator

Pre-K 4/Room 104.

December 8, 2017

Ms. Natalie's Newsletter

Themes

This week, we continued working with the "Nutrition" unit. We continued to discuss the different food groups and what foods belong to them. After reading the books listed, students were able to tell how these foods keep them healthy and fit. They were excited to share their favorite foods from each food group when they brought them in. Thank you for sending these in with your child. It was a great opportunity for the students to see how many different choices there are of healthy foods that they might like as well. I am pleasantly surprised that there was a good variety of foods brought in to show. We finished our "My Plate" projects where students found different foods from each food group from store ads. We also made food group books that had summaries of the different food groups in fun rhymes and students traced, wrote, or dictated their favorite foods in them. Lastly, after reading *The Very Hungry Caterpillar*, we made flip-up books with the days of the week, the foods the caterpillar ate, and the amount he ate each day. Hopefully, this unit gives the students an idea of why we suggest they eat the foods they do and what a balanced meal looks like.



Stories

Black Beans and Lamb, Poached Eggs and Ham by Brian P. Cleary

The Very Hungry Caterpillar by Eric Carle

Apples, Cherries, Red Raspberries by Brian P. Cleary

Yogurt and Cheeses and Ice Cream That Pleases by Brian P. Cleary

The Elf on the Shelf by Carol V. Aebersold & Chanda A. Bell

Activities

Language Arts: Along with studying the letter L, we began the unit in Happily Ever After centered on the book *Poems, Jingles, and Rhymes*. This book has several familiar and new poems, jingles, and rhymes. We went over what concepts we will be working with this unit including: purple, square, position words between, in front of, behind, in back of, and next to. Lastly, we reviewed the letters I, J, and K and students identified and circled the correct letter.

Math: With the theme of the week, students were sorting and grouping foods into their groups. We are practicing writing the numbers 1-9. The Hungry Caterpillar activity gave them practice writing/tracing some of these numbers.

Religion: We studied Chapter 11: "Jesus is Born". Students listened to the story about how Mary and Joseph arrived in Bethlehem and Mary gave birth to Jesus in a stable. We discussed how the shepherds came to see Jesus because he was a very special baby, the son of God. They were reminded of the real reason we celebrate Christmas and how we have to share the good news of Jesus' birth. Lastly, students put a candle on their Advent wreaths.